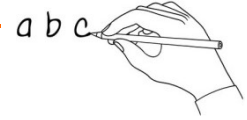











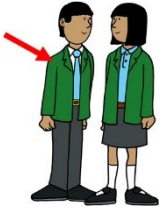
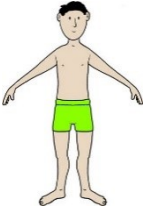

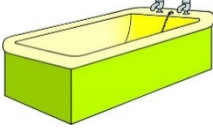

Being healthy



1. What's the word?

Write the word under the pictures.

mum	brush my teeth	morning	night	dad	bath
body	clean	brother	sister	vegetables	win

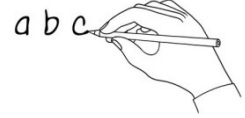
					
	mum				
					

2. Match them up!



Listen to the poem. Make sentences.

My mum tells me to	take a bath.
My dad tells me to	eat vegetables every day.
My brother tells me to	brush my teeth.
My sister tells me to	wash my hands.



3. Fill it in!

Think about the poem. Write the missing words in the sentences.

right	teeth	family	clean	vegetables	body
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- a. Your teeth look and taste better if you brush them regularly.
- b. Your _____ feels clean and fresh if you wash.
- c. Your hands feel good when they are _____.
- d. Eating _____ every day can give you energy.
- e. I listened to my _____ and now I feel better.
- f. I don't like it when my family are _____!



4. Match them up!

Listen to the poem. Match the words that rhyme, for example *night* and *right*.

- | | |
|-------|---------|
| clean | well |
| day | win |
| skin | between |
| tell | play |
- An arrow points from 'clean' to 'between'.



5. Write and draw!

What do you and your family do to stay healthy? Draw a picture and write about it!



A large rectangular area for drawing and writing, bounded by an orange line. At the bottom of this area, there are seven horizontal dotted lines for writing.