Jane sometimes rides her bike

Adverbs of frequency

1. Match them up!

Match the words with the definitions.

- a shed: a metal object that you can use to make a noise
- a helmet: the outside part of a wheel which has air inside
- a bell: a small building outside, where you can put things
- to check: a strong, hard hat that protects your head
- a tyre: being safe, not being in danger
- a spare: to suddenly break open or into pieces
- to burst: to look at something to be sure it is OK or correct
- safety: an extra thing that you can use if the first one doesn't work

2. Choose the answer!

Listen to the grammar chant. Circle the correct answer.

a. Jane sometimes rides her ____________ at night. scooter / bike / horse
b. But always with a big bright ____________. torch / light / helmet
c. She never leaves the garden ____________. swimming pool / sandpit / shed
d. Without a ______________ on her head. cap / hat / helmet
e. She always has a big loud ____________. bell / voice / dog
f. And usually some ______________ as well. gloves / hats / cats
g. She always checks the ____________ for air. seat / pedals / tyres
h. And sometimes even ____________ a spare. makes / takes / forgets

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3. Choose the answer!

Circle the correct answer.

a. I _______ tell my parents where I’m going every time I go out.  **sometimes / always / usually**

b. We _______ go to bed at 9 o’clock – every day except Fridays!  **usually / sometimes / never**

c. _______ tell anyone your passwords. It’s a really bad idea.  **Usually / Sometimes / Never**

d. I hate fish so I _______ eat it.  **always / never / usually**

e. She _______ watches cartoons – only at the weekends.  **always / sometimes / never**

f. They _______ go to the seaside on holiday – most summers.  **sometimes / never / usually**

g. We _______ do our homework. Our teacher is very happy!  **always / never / sometimes**

h. I’m usually on time for school, but _______ I’m late!  **always / usually / sometimes**

4. Write and draw!

What do you like doing? Write about things that you always, usually, sometimes or never do and draw a picture!

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