The woolly jumper

Present simple and present continuous

KITTY: Gran, what are you doing?

GRAN: I’m knitting a jumper.

KITTY: I’m knitting? Why don’t you say ‘I knit’? That’s the present tense in English.

GRAN: Because there are two present tenses in English and when we’re talking about things we’re doing right now we use the present continuous. You try. What are you doing now?

KITTY: Well, I’m sitting on the sofa, I’m talking to you and I’m watching you knit.

GRAN: Good!

KITTY: So when do we use the present simple?

GRAN: Well, for things we do every day, every week or every month. Tell me what you do every morning.

KITTY: I wake up, I get dressed, I eat breakfast, I brush my teeth, I feed Hero the hamster and then I go to school.

GRAN: Well done! Oh, I remember when I was a girl ... Hey, you’re not listening!

KITTY: Look, Gran. Hero’s playing with your knitting!

GRAN: Oh no! What a mess!

Watch this video https://learnenglishkids.britishcouncil.org/en/grammar-videos/the-woolly-jumper