Present simple and present continuous

1. True or False.
Read and circle True or False.

I like sport. I play tennis every weekend and I watch tennis matches on TV every time there is one! I also play basketball on Fridays. I am not very good so I am learning with a trainer. Right now I am looking for information about famous players on the internet. My sister doesn’t like sport. Every weekend she stays at home and watches TV! At the moment she is helping our dad cook dinner in the kitchen.

a. I play tennis every Saturday and Sunday. True False
b. I’m playing tennis now. True False
c. I play basketball every day. True False
d. I’m using the computer now. True False
e. My sister is watching TV now. True False

We use the present simple to talk about routines – what you do every day or every week. We use the present continuous to talk about things you are doing now.
I watch cartoons every day. I’m watching a film now.

2. Where does it go?
Do we usually use these words with the present simple or present continuous? Write them in the correct group.

<table>
<thead>
<tr>
<th>every day</th>
<th>now</th>
<th>on Mondays</th>
<th>right now</th>
<th>always</th>
</tr>
</thead>
<tbody>
<tr>
<td>usually</td>
<td>sometimes</td>
<td>at the moment</td>
<td>never</td>
<td>every weekend</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>present simple</th>
<th>present continuous</th>
</tr>
</thead>
<tbody>
<tr>
<td>every day</td>
<td></td>
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</table>

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3. Fill it in!
Write the verbs in (brackets) in the present simple or present continuous.

a. I ________ for a long time at weekends. (sleep)
b. At the moment our two cats _________________. (sleep)
c. I ________________ computer games every day! (play)
d. I ________________ outside with my friends now because it’s raining. (not play)
e. Right now my mum ________________ a magazine. (read)
f. My dad usually ________________ a bedtime story to me and my brother. (read)
g. Now we ________________ our favourite cartoon. (watch)
h. On Sundays we ________________ TV in the evening. (not watch)

4. Write and draw!
Write about what you do every day. Then write about what you are doing now. Draw a picture!

Every day I ........................................................
........................................................
........................................................
........................................................

Right now I ..................................................
........................................................
........................................................
........................................................